# KENTUCKY

# TEACHERS' RETIREMENT SYSTEM

SPECIAL MEDICAL INSURANCE RETIRED MEMBER EDITION



September 2014

"MEHP" refers to the Medicare Eligible Health Plan.
"KEHP" refers to the Kentucky Employees' Health Plan.

Kentucky Employees' Health Plan

~ Under Age 65 & Not Medicare Eligible ~

MANDATORY OPEN ENROLLMENT

October 1 through October 31, 2014

**Open Enrollment Dates** 

# **Headlines**

OPEN
ENROLLMENT
KEHP
Under Age 65 &
Not Medicare
Eligible



KEHP Benefit Fair Schedule



2015 Update MEHP



OPEN
ENROLLMENT
MEHP
for those
Medicare
Eligible Only

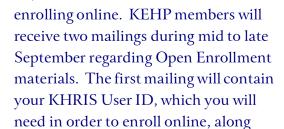


UnitedHealthcare Educational Forums for Plan Year 2015



KTRS Insurance Update on Age 65 & Over MEHP For the 2015 KEHP Plan Year, you must either elect or waive health insurance coverage. The Kentucky

Teachers' Retirement System (KTRS) will again participate in the online web portal through the Kentucky Human Resource Information System (KHRIS). Last year, KTRS had a huge success with over 12,000 retirees



with several informational inserts. The second mailing will contain retiree information from KTRS, the 2015 Retiree Rate Chart, and a

Benefits Selection Guide (handbook).

The KEHP will have new medical and prescription vendors for plan year 2015. The medical vendor will be Anthem Blue Cross Blue Shield (Anthem ) and the prescription vendor will be

CVS Caremark. More detailed information will be mailed in your Open Enrollment packets. KTRS will have all Open Enrollment materials available on our website at ktrs.ky.gov when the materials are finalized.



# **KEHP Benefit Fair Schedule 2015 Insurance Information**

Listed below is the 2015 KEHP Benefit Fair Schedule. Representatives from KEHP and the new vendors, along with KTRS, will be at all fair locations. Enrollment kiosks will be available at all locations (except Jefferson County) and all locations will offer free flu shots for KEHP members, on a first-come first-served basis. Should you have questions or need help enrolling online, please plan to attend one of the fairs closest to you.

# **OCTOBER 1, 2014**

8 a.m. — 6 p.m.
Frankfort Convention
Center
Main Auditorium
405 Mero Street
Frankfort, KY 40601

# **OCTOBER 2, 2014**

4 p.m. — 8 p.m. Nelson County HS Library 1070 Bloomfield Road Bardstown, KY 40004

## **OCTOBER 3, 2014**

8 a.m. — 6 p.m. Kentucky Fair and Expo Center, West Wing Hall B Louisville, KY 40233

# **OCTOBER 3, 2014**

2 p.m. – 6 p.m. Center for Rural Development North Hall 2292 US 27 #300 Somerset, KY 42501

# **OCTOBER 6, 2014**

2 p.m. — 6 p.m. Gateway Community & Technical College 500 Technology Way Florence, KY 41042

## **OCTOBER 7, 2014**

2 p.m. — 6 p.m.
Western KY Comm &
Tech College
Emerging Tech Center
4810 Alben
Barkley Dr.
Paducah, KY 42001

# **OCTOBER 9, 2014**

4 p.m. — 8 p.m.
Jess Stuart Elementary
School Gym &
Computer Lab
1710 Anton Road
Madisonville, KY 42431

# **OCTOBER 10, 2014**

4 p.m. — 8 p.m.
Christian County MS
Library
215 Glass Avenue
Hopkinsville, KY 42240

# **OCTOBER 10, 2014**

2 p.m. — 6 p.m. Maysville Community & Tech College 1755 US Highway 68 Maysville, KY 41056

# **OCTOBER 13, 2014**

2 p.m. — 6 p.m. Pangea Center 1320 B. Carter Road Owensboro, KY 42301

# **OCTOBER 13, 2014**

4 p.m. — 8 p.m. Rowan County Middle School 555 Viking Drive Morehead, KY 40351

# **OCTOBER 14, 2014**

4 p.m. — 8 p.m. Calloway County HS Cafeteria & Media Room 2108 College Farm Road Murray, KY 42071

# **OCTOBER 15, 2014**

4 p.m. — 8 p.m.
Briarwood Elementary
Gymnasium
265 Lovers Lane
Bowling Green, KY 42103

# **OCTOBER 16, 2014**

4 p.m. — 8 p.m. Adair County HS Cafeteria 526 Indian Drive Columbia, KY 42728

# **OCTOBER 16, 2014**

4 p.m. — 8 p.m.
Pike County Central
HS Cafeteria
100 Winners Circle Dr.
Pikeville, KY 41501

# **OCTOBER 17, 2014**

4 p.m. — 8 p.m. Danville HS Cafeteria 203 E. Lexington Ave. Danville, KY 40422

# **OCTOBER 17, 2014**

4 p.m. — 8 p.m. Breathitt County HS PE Gymnasium 2307 Bobcat Lane Jackson, KY 41139

#### **OCTOBER 20, 2014**

4 p.m. — 8 p.m. Tates Creek HS Cafeteria 1111 Centre Parkway Lexington, KY 40517

# **OCTOBER 20, 2014**

4 p.m. – 8 p.m.
Prestonsburg HS
Gym and Library
825 Blackcat Blvd.
Prestonsburg, KY 41653

# **OCTOBER 21, 2014**

4:30 p.m. — 8 p.m.
Boyd County HS Commons
Area & Media Center
14375 Lions Ln
Ashland, KY 41102

# **OCTOBER 21, 2014**

2 p.m. – 6 p.m. Southeast Comm & Tech College Harlan Campus Bld. 1164 Ballpark Road Harlan, KY 40831

# **OCTOBER 22, 2014**

2 p.m. – 6 p.m.
Laurel County Board of
Education
GC Garland Administration
Building, Room 204
710 N. Main Street
London, KY 40741

# **OCTOBER 22, 2014**

4 p.m. – 8 p.m.
Perry County Central
HS Library
305 Park Avenue
Hazard, KY 41701

## **OCTOBER 24, 2014**

4 p.m. – 8 p.m.
B. Michael Caudill MS
Cafeteria
1428 Dr. Robert
Martin Bypass
Richmond, KY 40475

# 2015 UPDATE Medicare Eligible Health Plan (MEHP)

Earlier this year, KTRS issued two Requests for Proposals (RFPs) for the KTRS Medicare Eligible Health Plan (MEHP) for calendar year 2015. The first was for a Medicare Part D Prescription Drug Plan. The second RFP was for an insured Medicare Advantage (medical only) plan. The RFPs were written to help ensure that the existing MEHP plan designs, out-of-pocket costs and physician, hospital and pharmacy access would not materially change. Conducting an RFP every 3-5 years is an industry best practice that helps keep vendors motivated and helps ensure that KTRS is getting the most competitive pricing and innovative solutions.

The KTRS MEHP Part D Prescription Drug Plan bid was awarded once again to



Express Scripts for 2015. Remaining with Express Scripts allows KTRS to continue as a

member of the Know Your Rx Coalition with access to 6 pharmacists and the ability to leverage the Coalition for future drug pricing.

The KTRS MEHP Medicare Advantage plan was awarded to UnitedHealthcare



(UHC) for 2015. UHC is a nationally-recognized company with offices in

Louisville and Lexington that employ 700 UHC employees. In addition, UHC will provide a full-time UHC employee to be located in the KTRS Frankfort office.

UHC will provide the same benefits at a significant savings in premium to KTRS. KTRS projects to save \$13 million in 2015 compared to 2014 with a guaranteed, not-to-exceed premium for 2016 and 2017. Saving money will help sustain the Medical Insurance Fund and, as a result, allow KTRS to continue to provide meaningful health insurance for retired teachers.

Also, for 2015, the MEHP premium will be reduced from \$290 per month to \$250 per month.

The UnitedHealthcare Medicare
Advantage plan will become effective
January 1, 2015. Similar to the current
Medicare Advantage plan, it will be a national,
passive Preferred Provider Organization (PPO)
plan.

# What Does NOT Change?

It is important to point out what stays the same for 2015:

- No medical provider network required. Visit any provider that accepts Medicare and agrees to bill UHC.
- No change in co-payments, some co-payments reduced.
- No change in deductible.
- No change in coinsurance.
- No change in out-of-pocket annual maximum.
- No change in plan design elements.
- Participants are still in the Medicare program.
- Participants will still have the same Medicare rights and protections.
- Participants still receive all the regular Medicare covered services and are still subject to industry standard care management techniques.
- Participants are still required to pay their monthly Medicare Part B premium to Social Security.
- Participants will still be required to pay their monthly high income premium to Social Security if applicable.

continued on page 4 ...

# 2015 UPDATE MEHP continued ...

# What Does NOT Change? continued ...

- Participants will still have access to the Silver Sneakers fitness program.
- Participants will still have access to a 24hour nurse line.
- Participants will still be able to voluntarily enroll in disease management programs.
- The Edumedics Pilot Program will continue.
- The KTRS Medicare Eligible Prescription Drug Plan, currently administered by Express Scripts, will remain intact.

# What Will CHANGE for 2015?

You will receive a <u>NEW UnitedHealthcare Medical Card</u> in late December 2014 to replace your existing Humana card effective January 1, 2015.

# What do you need to do to enroll?

Nothing. For those currently participating in the KTRS MEHP, you will be automatically enrolled for January 1, 2015. You will not have to complete a paper application. If you are turning age 65 in the future and you are currently covered through the Kentucky Employees' Health Plan, you will receive a KTRS MEHP enrollment packet that must be completed and submitted to KTRS approximately 30 days before turning 65. If you are a retiree and wish to enroll during open enrollment for the effective date of January 1, 2015, please request an MEHP Enrollment Form between October 15 and December 7. Spouses are only eligible to enroll with a KTRS qualifying event. A list of qualifying events can be obtained at www.ktrs.ky.gov.

# When will I get my new ID card?

UnitedHealthcare ID cards should be received around the Christmas holiday.

# What do I do with my other insurance cards?

Continue to use your Humana card for all doctors and hospital visits through December 31, 2014. Beginning January 1, 2015, use your new UHC insurance card for all doctors and hospital visits. Continue to use your Express Scripts card now and in 2015 for prescriptions you purchase.

# Should I be concerned whether my doctor accepts UHC's Group Medicare Advantage PPO Plan?

A KTRS plan participant may go to any provider that accepts Medicare's fee schedule and agrees to bill UHC, even if they are not in UHC's network. The PPO network is passive, meaning that participants will not be balance billed when visiting medical providers who are out of UHC's PPO network. Also, UHC is conducting a proactive outreach to providers that participants are currently seeing to educate them about how the UHC Group Medicare Advantage PPO works and how providers can file claims on behalf of KTRS participants.

# What do I do with the Humana Vitality Bucks and Points that I have accumulated?

Please use the bucks and points before December 31, 2014. The UHC Wellness Incentive Program will begin on January 1, 2015.



# 2015 UPDATE MEHP continued ...

# What are the ENHANCEMENTS for 2015?

In addition, it is important to point out enhancements for 2015:

- For covered spouses and retirees not eligible for the full KTRS contribution, the monthly MEHP premium will be reduced from \$290 to \$250.
- Coverage for a routine hearing exam every 12 months at a \$0 copay.
- A \$500 hearing aid allowance every 36 months (This benefit can coordinate with the Hear in America Program).
- Some routine podiatry coverage.
- hi HealthInnovations Hearing Aids Discounts.
- Member Rewards Program.
- HouseCalls (in home assessment program).

- QuitPower (tobacco cessation program).
- Solutions for Caregivers (provides care planning and care coordination services designed to relieve some of the burden and stress of caregiving and supports the overall wellbeing of the person receiving care).
- My Path to Health.
- \$125 Outpatient Surgery Co-payment removed.
- \$250 Inpatient Hospital Co-payment reduced to \$200, but now applied at every admittance.
- KTRS On-site UHC Retiree Advocate to answer calls and meet face to face with KTRS visitors.

# What to EXPECT Next!

KTRS understands that you may have additional questions about the UHC Medicare Advantage plan. Below is a general timeline of when you can expect to receive more information:

- August/September 2014
   KRTA District Workshops will provide KRTA leadership with education and information on the UHC Medicare Advantage plan.
- September/October 2014
  UHC will send specific plan information to all KTRS Medicare eligible retirees and will include information on upcoming local Educational Forums.
  SEE LIST OF UPCOMING UHC EDUCATIONAL FORUMS ON PAGE 6.
- October/November 2014
   Educational Forums will be held in key locations throughout the State for KTRS Medicare eligible retirees.
- December 2014

A Humana termination notice for the December 31, 2014 termination as well as UHC Medical ID cards and new member welcome materials will be sent to all MEHP members.

# UnitedHealthcare Educational Forums for Plan Year 2015 ~ MEHP ONLY--No RSVP Required ~

# Contact UnitedHealthcare at 844-518-5877 if you have any questions!

# **MON 13-OCTOBER**

9:00 am - 11:00 am CST Murray State University Curris Center Theatre 1407 Chestnut Street Murray, KY 42071

#### **TUES 14- OCTOBER**

9:00 am - 11:00 am CST Wingfield Inn 1101 West Housman Street Mayfield, KY 42066

#### **WED 15- OCTOBER**

9:00 am - 11:00 am CST Robert Cherry Civic Center 2701 Park Ave. Paducah, KY 42001

# THURS 16- OCTOBER

9:00 am - 11:00 am CST Days Inn Madisonville 1900 Lantaff Blvd. Madisonville, KY 42431

# FRI 17- OCTOBER

9:00 am - 11:00 am CST Holiday Inn Hopkinsville 2910 Fort Campbell Blvd. Hopkinsville, KY 42240

# **MON 20- OCTOBER**

9:00 am - 11:00 am CST Western Kentucky University Knicely West Conference Rooms 208 A-J 2355 Nashville Road Bowling Green, KY 42104

# **TUES 21- OCTOBER**

9:00 am - 11:00 am CST Owensboro Convention Center 501 W. 2nd Street Owensboro, KY 42301

# **WED 22- OCTOBER**

9:00 am - 11:00 am EST Pritchard Community Center 404 South Mulberry Street Elizabethtown, KY 42701

#### **THURS 23-OCTOBER**

9:00 am - 11:00 am EST John Black Community Center 1551 North Hwy 393 Buckner, KY 40010

# **MON 27- OCTOBER**

9:00 am - 11:00 am EST Papa John's Cardinal Stadium Brown & Williamson Club Gate 6 - 3rd Floor 2800 South Floyd Street Louisville, KY 40209

# **TUES 28- OCTOBER**

9:00 am - 11:00 am EST Capital Plaza Hotel 405 Wilkinson Blvd. Frankfort, KY 40601

#### **WED 29- OCTOBER**

9:00 am - 11:00 am EST Clarion Lexington North 1950 Newtown Pike Lexington, KY 40511

## **THURS 30- OCTOBER**

9:00 am - 11:00 am EST Best Western Holiday Plaza 100 Eastern Bypass Richmond, KY 40475

#### FRI 31- OCTOBER

9:00 am - 11:00 am EST Shelter House Rental Pioneer Playhouse 840 Stanford Road Danville, KY 40422

# **MON 3-NOVEMBER**

9:00 am - 11:00 am EST The Coal Reserve Events & Catering 517 E Racetrack Rd Somerset, KY 42503

# **TUES 4-NOVEMBER**

9:00 am - 11:00 am EST Crooked Creek Golf Club 781 Crooked Creek Dr London, KY 40744

#### **WED 5-NOVEMBER**

9:00 am - 11:00 am EST Pineville-Bell Co. Library 214 Walnut Street Pineville, KY 40977

# **THURS 6-NOVEMBER**

9:00 am - 11:00 am EST Quality Inn 200 Dawahare Drive Hazard, KY 41701

# FRI 7-NOVEMBER

9:00 am - 11:00 am EST University of Pikeville Booth Auditorium 147 Sycamore Street Pikeville, KY 41501

## **MON 10-NOVEMBER**

9:00 am - 11:00 am EST Ramada Inn & Confer. Cntr. 624 James Trimble Blvd. Paintsville, KY 41240

# **THURS 13-NOVEMBER**

9:00 am - 11:00 am EST Hampton Inn Morehead 500 Hampton Way Morehead, KY 40351

# **FRI 14-NOVEMBER**

9:00 am - 11:00 am EST Ashland Plaza Hotel & Convention Center 1441 Winchester Ave Ashland, KY 41101

#### **MON 17-NOVEMBER**

9:00 am - 11:00 am EST The Marquis Banquet & Conf. Center 1016 Town Drive Wilder, KY 41076

## **TUES 18-NOVEMBER**

9:00 am - 11:00 am EST Radisson Hotel Cincinnati Riverfront 668 West 5th St Covington, KY 41011

# **WED 19-NOVEMBER**

9:00 am - 11:00 am EST Triple Crown Country Club 1 Triple Crown Blvd. Union, KY 41091

# ~ FORUMS BY TELECONFERENCE ~

These UnitedHealthcare Forums are for those participating in the 2015 Plan Year MEHP (Medicare Eligible Health Plan) ONLY! Please select a location nearest you to attend OR note that you may listen to THREE of the Forums by PHONE!!

# **THURS 13-NOVEMBER**

5:00 pm - 7:00 pm EST Teleconference Dial-In (800) 260-0702 Participant Access Code: 333782

# FRI 14-NOVEMBER 1:00 pm - 3:00 pm EST

Teleconference
Dial-In (800) 260-0702
Participant Access
Code: 333783

# WED 19-NOVEMBER 1:00 pm - 3:00 pm EST

**Teleconference**Dial-In (866-233-3852)
Participant Access
Code: 334084

# WTRS Insurance Update on the Age 65 & Over MEHP

These are the five MEHP Business Partners for 2015.

If a caller cannot identify themselves with one of these five, then please know it is NOT related to the KTRS MEHP.











Kentucky Employees'
Health Plan
KEHP OPEN
ENROLLMENT

Under Age 65 Retirees who are <u>NOT</u> Eligible for Medicare

OPEN
ENROLLMENT
for 2015
begins October 1 and
ENDS October 31, 2014

Medicare Eligible
Health Plan
MEHP OPEN
ENROLLMENT

If you are <u>CURRENTLY</u> enrolled in the KTRS MEHP, you do **NOT** need to do anything to continue coverage for 2015.

Age 65 & Over Retirees who are <u>ONLY</u> Eligible for Medicare

OPEN
ENROLLMENT
for 2015
begins October 15 and
ENDS December 7, 2014

# OF THE STATE OF KENTUCKY LEACHERS' RETIREMENT SYSTEM

479 Versailles Road

SEPT 2014 SPECIAL

Frankfort, Kentucky 40601-3800